

Memories from the Heart 2016



The Sacred Heart School of Montreal



3635 Atwater Avenue
Montreal, Quebec H3H 1Y4

Message from...

I am honored to have this opportunity to congratulate the Class of 2016, in recognition of their many accomplishments throughout their high school years. This memory book is dedicated to these very special young ladies who have worked so hard to arrive at this moment.

Their commitment to service, both locally and globally, has been impressive, as has been their commitment to each other. When surveying their teachers to get their impressions of the grade, it became obvious that the teachers were unanimous in their praise for this class, and confirmed what I had already concluded myself: This class is: strong and proud, warm and caring, kind and considerate, accepting and inclusive, and EXUBERANT. As one teacher put it, "When I think of the 2016 grads the word that comes to mind is exuberance. They are full of energy, passion and optimism. They always made their presence known and their spirit of determination along with their adaptability will carry them in good stead."

Another teacher said, "I would describe this class as accepting and loving. So accepting of others and their differences that it made them stronger both as a class and individually! If there were more young people as accepting and welcoming as these girls, society would be much better off."

Two years ago, 14 new girls arrived all at once to begin their Secondary IV year, a challenging year under any circumstances. None of us knew how it would go. I am delighted to say that it has worked out so well! As the students who were already here reached out and welcomed the new ones, those new students in turn reached out to meet them. A unique bond was formed, and it has gotten stronger as even more new students entered the Sec V class this year. Twenty-two of our graduates did not start their high school careers here, but all sixty of them graduate as one cohesive Sacred Heart class.

The members of the class of 2016 have been wonderful role models, and have had a great impact on our younger students. Their enthusiasm and positive energy have rubbed off on everybody. I thank them and salute them for their great leadership and for their many important contributions to our school, and I wish them success in their future endeavours.

In closing, I would like to thank Ms Michelle Lessey for her tireless dedication to our Memory Book, and to her two very talented student editors, Maria and Victoria Karamitsos. They have invested many hours producing this fine journal. As is obvious from the final product, they have taken great pains to showcase the entire student population and our many educational, cultural, social and athletic activities. On behalf of the entire school, I thank them for a job well done!

The Head of School



SHAWN O'DONNELL

The Assistant Head of School



ANIKA MALONI

It feels so good to be home again in the comfort of these familiar halls of my childhood and I thank each and every one of you for welcoming me so warmly and for making my first year as Director of Academics so enjoyable. Each day, I am reminded of how unique and special our school really is. The spirit, the energy, the love and the hard work are all felt in every corner and our mission and values shine through all that we do. I feel very honoured to be devoting my time, my love, and my expertise to such a worthy institution that has profoundly shaped me as an individual.

As we close the year, let us all take a moment to reflect and congratulate ourselves on our successes both large and small-- whether they were recognized by others or whether they remain silent in our hearts. Let us take time to express gratitude for the blessings that have come to us: the opportunities, the support, the love, and the people who have been instrumental in helping us achieve our goals. Each of you who grace this yearbook full of memories, has contributed to making our school year a great success with your special talents, academic dedication, kindness, positive outlook, and your smiles. Your school is deeply grateful.

Graduates of 2016, thank you for your leadership over the last year. I know our school has played a monumental role in developing your voice, your inner confidence and your strength to face the next chapter of your lives-- but you too have left your legacy on us. Revel in this moment of glory and hold on tight to your dreams for the future. Whatever you do with the precious life before you, do with all your heart and soul. Stand tall, stand out and make a difference!

Faculty & Staff

*To the world you're just another teacher,
but to your students you are a hero...*



Lisa Arella



Julie Beaudet



Stephanie Broadhurst



Maureen Brown



Mary Gendron



Joan Harrison



Peter Judson



Fran Lakatos



Martin Laperle



Marie-Elaine
Laquerre



Louise Morrisseau



Jennifer Newton



Sonny Nicolas



Hélène Pagette



Polly Palumbi



Myriam Phaneuf



Myha Tang



Kevin Thiruchelvam



Rosemary Vaupshas



Aran Waldbrook



Peter Ward



Spirit



Julian Beauvais



Natalie Belfort



Iveth Bosmediano



Florise Boyard



Annette Brawley



Isabel Brinck



Riccardo Charlot



Maria Cusma
Dovico



Christiane de Sainte
Marie



Nina Di Palma



Josh Friedmann



Catherine Gauthier



Lili Le Fèvre



Danielle Lecuyer



Michelle Lessey



Megan Littman



Roxanne Martel



Gisela McIvor



Patricia Potter



Antoinette Raco



Erika Rath



David Reda



Gedi Snapkauskas



Maria Styliaras

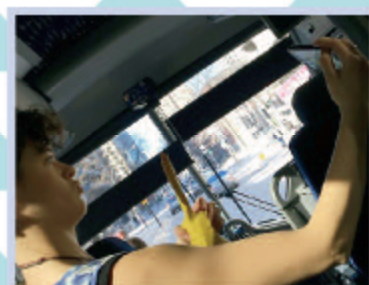


Kitchen Staff





{ Faculty Candid



Academic Success

Canadian National Mathematics League Competition 1st Place in the Montreal Division



Canadian National Mathematics League Competition



QAIS Writing Competition

Honourable
Mention



100% on
History
Provincial
Exam



Fermat
Math
Competition



Pascal Math
Competition



Cayley Math
Competition



YPI Winners

2nd place

Chez Doris:
Olivia Iorio,
Iona Budeci,
Vanessa
Useche,
Teagan Ennis

Tied for 3rd place

**Centre
Communautaire des
Gaies et Lesbienens de
Montreal:**
Lauren Drummond,
Grace Reagan,
Sabrina Buonamici,
Beata Nawacki,
Audra Kruszewski

Westhaven:
Nadia Estefanos,
Olivia Di
Caprio, Veronica
Plescia, Madison
Beauchamp

East Foundation:

Jessica Khoury, Lea Valentini,
Kiara Guidote, Laura Mustillo

YEARBOOK



The Editors

Assembling a yearbook requires a lot of time, commitment and effort, but there is no greater joy than seeing the final result. Our goal for this memory book was for everyone to have something to look back at in a few years and to once again experience the moments shown in the photos.

Thank you to everyone who helped keep the memories of this year alive in this collection of moments from the school year of 2015 - 2016.

Maria Karamitsos and Victoria Karamitsos

A huge thank you to Ms Lessey. This yearbook would not have been possible without your support and dedication. Thank you for dealing with us this past year!



STAFF



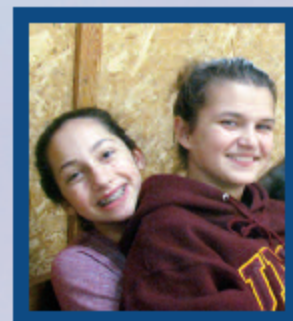
*A special thanks to the girls who worked hard
to make this yearbook happen.*





Sacred Girls

Of 2016



Renee Anderson
Elena Apostolatos
Talia Atallah
Cassandra Baldry
Isabel Blin
Zoë Boosamra



Julia Cacioppo
Liana Cianci
Jenna Coverini
Lauren Gale
Anna Garon
Sabrina Daoud





Sarah Elkas
Olivia-Michelle Goldsmith
Clara Hlibchuk
Stuti Kundu
Hannah Lee Poy-Paxman
Emma Lovegrove



Briana Maroun
Jennifer McDonald



Olivia Migliorelli
Catherine Mourelatos



Gabriela Nicolau
Emma Maria Provençal
Simona Ruscio
Ashley Sakaitis
Amaya Sastron-Navarrete
Sofia Scalia



Sarah Shalhoub
Giulianna Valente
Lola Vincenti
Bridgett Williams





Madison Berros
Shannon Blake
Katalina Couto
Evangelia Dalalakis



SEC

Erika Delucilla
Samantha Demers
Emiliana Di Nolfo
Caitlin Downey



Amanda Emblem
Stefanie Frances
Daphne Giroux
Tiana Iacobelli



Sophie Koestner
Jasmine Kiki
Lightfoot
Laura Maréchal-
Houillon
Laura Michetti





2



Elisabeth Morena
Madison
Passingham
Amberlie Pereira
Olivia Pittman
Nicoletta
Pantazopoulos



Angelica Salouros
Emilie Shalhoub
Sydney Shun
Grace Singer



Daisy Smith
Amanda Stevenson
Olivia Torralbo
Katalina Toth

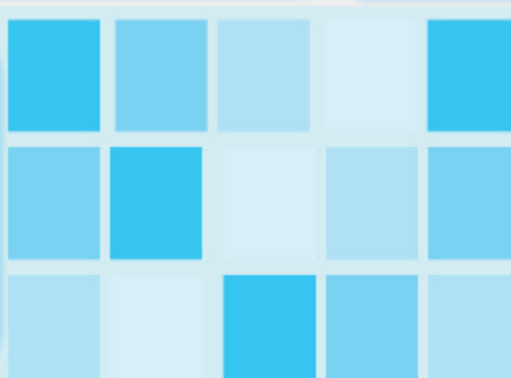


Maya Vardaro
Veronica Verenini
Eliana Viviani
Maria Ziannis





Class of 2018 Secondary III



Elizabeth Aiken
Sarah Allen
Sara Anelli
Morgan Azouz
Sascha Azouz
Marianne Beirouti



Kiana Renee Bellegarde
Julia Buggé
Nastasia Butorac
Victoria Caldarone
Jenna Caprera
Lilah Caprera



Julia Cianci
Kerri-Lee Commier
Abigail Delaney
Alessia Liana Di
Salvatore
Isabella Di Silvestro
Katherine Doré





Alexandra Gagliano
Kristen Harris
Hannah Johnston
Mary Jones
Eleni Magafas
Gabriella Marsilii



Bianca Mercuri
Taranjot Padda
Veronica Pereira
Pina Piazza
Laura Pitruzzello
Emma Platt



Victoria Quintin
Tatiana Desirée Ranieri-Thompson
Darcy Sabourin
Liana Salvo



Jezabel Toussaint
Angeliki Trifonopoulos
Kayla Wolf
Antonina Yakobson

Victoria Barakett
Madison Beauchamp
Stephanie Benoit
Jessica Brodeur
Ioana Budeci
Sabrina Buonamici



Brooklyn Carson
Anastasia Dalalakis
Rebecca Di Giorgio
Olivia Dicaprio



Lauren Drummond
Teagan Ann Ennis
Nadia Estefanos
Sabrina Fitz
Amanda Forgione
Sarah Frances



Kiara Guidote
Alexandra Hills
Olivia Iorio
Sigrid Joubert
Eleni Karatzas
Jessica Khoury



Theodora
Konstantopoulos
Audra Kruszewski
Olivia Legault
Dominique Levesque
Anita Maggiore
Kayla Matthews



SECONDARY IV



Lauren McDonald
Serena McMahon
Sophia Michakis
Laura Mustillo
Beata Nawacki
Ariana Nowroozi



Emma Osmancevic
Maya Ostiguy Hopp
Maria Pantazopoulos
Michelle Phillips



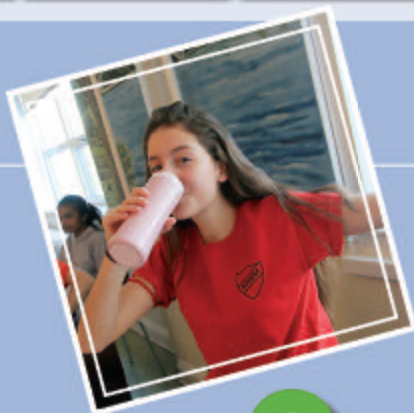
Veronica Plescia
Evanthia Primbas
Shannon Grace Regan
Sophie Rowe



Yiuane Ryan
Emily Sakaitis
Chiara Silvaggio
Denna Soosai Heronimus
Vanessa Useche
Lea Valentini



Isabella Van Dystadt-Aguir
Christina Vassiliou
Mia Vincenti
Emilie Viviani
Rachel Watts
Shannon Wilding



CLASS OF 2017



Sec I retreat



Sec II Retreat



SEC III RETREAT





Candid's

Sec IV





Life at Sacred.

2015-2016

The Sacred Heart School of Montreal 25

BARAT



ICE CUBE



House Head: Lauren MacDonald
Co-Captains: Jenna Caprera, Lilah Caprera & Sarah Francis
Mascot: Sophie the Bear



DIGBY



2 PAWS



House Head: Clarissa D'Amico Mazza
Co-Captains: Hannah Johnston, Laura Pitruzzello, Kayla Matthews & Rachel Watts
Mascot: Antoine the Lion



DUCHESNE

LIL' SPOTS



House Head: Stephanie Des Marais
Co-Captains: Emilie Shalhoub, Alexandra Hills
& Molly Delaney
Mascot: Rose the Ladybug

DUROUSIER

BEE-Z



House Head: Rosemarie Cianci
Co-Captains: Amanda Emblem, Julia Cianci,
Stephanie Benoit & Tatiana Tuccinardi
Mascot: Honey the Bee

HARDEY

House Head: Gurleen Padda
Co-Captains: Katalina Toth & Alex Gagliano
Mascot: Henrietta the Monkey

SHELDON

House Head: Sabrina Ste. Marie
Co-Captains: Gabriella Marsilii, Kayla Wolf,
Christina Vassiliou & Elana Floriani
Mascot: Shelly the Turtle



LUDACHIMP



SLO-MO



STUART

SEA LO-GREEN



House Head: Lizzy Harris
Co-Captains: Tatiana Renieri-Thompson, Sabrina Fitz
& Rebecca DiGiorgio
Mascot: Dylan the Dolphin

TRINCANO

SKIM SHADY



House Head: Alexis Boosanra
Co-Captains: Sophia Michakis, Vanessa Useche
& Arthege Selvarajan
Mascot: Cassie the Cow

SPORTS DAY




Summer

Winter

1st

1st



Spirit Award

2nd

2nd



3rd



Great job!



Girls For The Cure

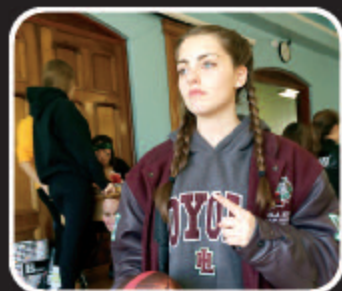
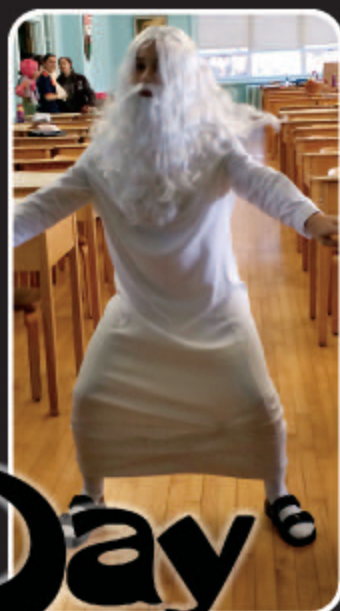


Meet the committee: Christina Fulginiti, Molly Delaney, Julia Alongi, Sarah Frances, Isabella Van Dystadt-Aguilar, Rosemarie Cianci & Ioana Budeci.



Fifth Annual Community Service Day





Spirit Day

Spirit Day





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CHRISTMAS CONCERT A VINTAGE CHRISTMAS



DASHABUSTADD

Sec V Coordinators:
Kennedy Lane and Alexa
Scalia
Faculty Advisor: Ms Brown

SACRED TAKES HIGH SCHOOL MUSICAL

February 11, 2016



SHSM
presents



The Breakfast Club

Casts



Troupe ♠

Eleni Borondy
Anika Ouy
Bella Santaguida
Kayla Ortenza
Alicia Griffin



Troupe ♥

Sophia Iatrou
Lourdes Khalil-Griffin
Meaghan Sabourin
Bella Santaguida
Lauren Greco



The Jock. The Brain. The Princess. The Basket Case. The Criminal. The quintessential teenage 80's coming of age film came alive this year as the drama department finally staged its version of The Breakfast Club! Despite interference by the principal and the janitor, the spirit of this timeless classic spoke to teenagers of all generations! Especially poignant was the heartfelt tribute paid by cast members Lauren Greco, Isabella Santaguida and Alicia Griffin to their self-created charity, The Faithful Miracle, on behalf of Lauren Greco and in honor of Ms. Kerri Petrilli.



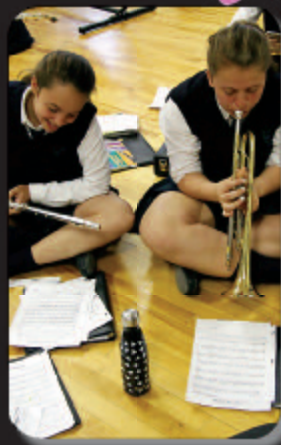
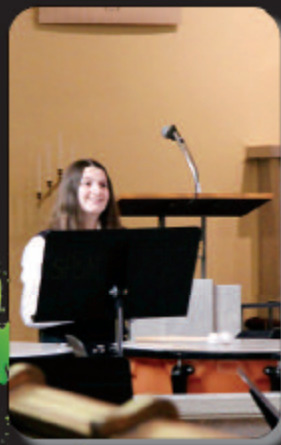
The Sacred Heart School of Montreal Presents

The Breakfast Club

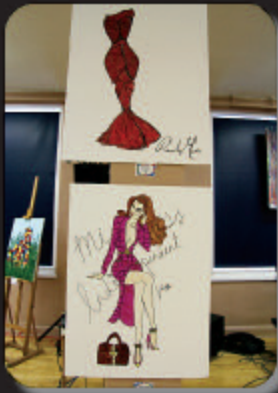
April 28 ♥ 7 pm
April 29 ♠ 7 pm
April 30 ♠ 1 pm & ♥ 7 pm

TICKETS:
Adults: 10\$
Students & Alums: 5\$
Door: 15\$
Children under 13: FREE

ARTS FESTIVAL



BLACK IS THE NEW BLACK TRUTH BEHIND COLOUR



Boston Band Trip



Excellent (Silver)



This was the band trip of all band trips. The memories that I made will be with me forever as I got to travel and compete with my 35 best friends,
#BostonBandKids -Patricia Danielidis





Alexandra Hills
Nantes, France



Rebecca Di Giorgio
New Orleans, Louisiana



Lauren Drummond
Taipei, Taiwan



Sigrid Joubert
Dublin, Ireland



Audra Kruszewski
Brisbane, Australia



Beata Nawacki
Brisbane, Australia



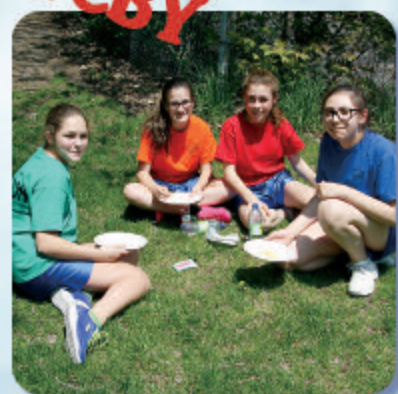
Student Exchange

Founder's Day BBQ



SLUSHIES

TCBY



Tie-Dye



WATER WARS



CHALK STATION



La semaine de français

Cinq jours entiers dédiés à la musique, la littérature et la culture française.

Pièce 2016

LE CHAT ASSASSINÉ

Minou le chat adoré de Gertrude est trouvé mort. Elle soupçonne un crime et on fait appel à l'inspecteur Charly. On utilise une boule de cristal, un pendule et des cartes...mais on ne trouve toujours pas l'assassin. À la fin de la pièce, c'est la bonne qui nous avoue que c'est elle qui a tué le chat car il mettait des poils partout dans la maison. Nos actrices ont su nous faire rire et leur jeu était excellent.

D'autres activités durant la semaine:

LE CLB

LA CABANE À SUCRE

KARAOKE

DES FILMS



Gertrude: Dora Konstantopoulos

Gwendoline: Jessica Khoury

Marie-Rose: Evy Konstantopoulos

Inspecteur Charly: Dominique Lévesque

Claire: Emily Sakaitis

Marie-Thérèse: Liana Caprera

Madame Pendule: Lea Valentini

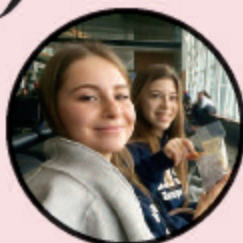
Madame Zabou: Julia Buggé

Monsieur Balthazar: Sarah Frances



EUROPE TRIP 2016

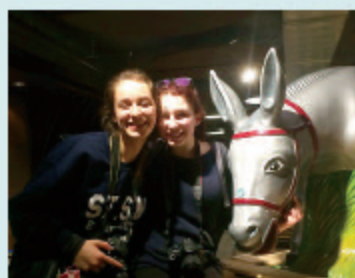
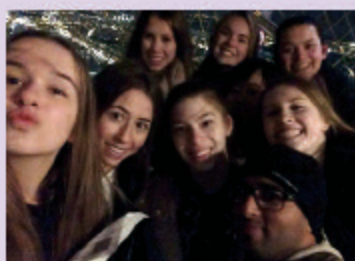
France



Italy



Switzerland



SERVICE TRIP 2016

Nicaragua





GFTC Committee



Concert Band



Vocal Ensemble



Robotics

CLUBS & SPORTS

FALL

WINTER

SPRING

2015 – 2016



Basketball



Cross Country Running



Football

Clubs & Activities

Free the Children

Faculty Advisor: Mr Thiruchelvam

Student Coordinator: Liana Caprera and Elana Floriani

Elena Apostolatos, Talia Atallah, Eleni Borondy, Sabrina Buonamici, Jenna Caprera, Rosemarie Cianci, Clarissa D'Amico-Mazza, Patricia Danielidis, Kate Doré, Amanda Forgione, Hannah Johnston, Maria Karamitsos, Victoria Karamitsos, Eleni Karatzas, Evy Konstantopoulos, Dora Konstantopoulos, Kennedy Lane, Serena McMahon, Laura Mustillo, Gurleen Padda, Taranjot Padda, Sara Palestini, Alexa Scalia, Arthega Selvarajan, Julianna Valente, Lola Vincenti, Lauren Esquilant, Catherine Mourelatos, Veronica Sinclair

Environmental Club

Faculty Advisor: Mr Laperle

Student Coordinator: Sara Palestini

Audra Kruszewski, Beata Nawacki, Elizabeth Aiken, Dominique Levesque, Eleni Borondy, Renata Morelos-Zaragoza, Olivia Iorio, Sabrina Fitz, Arthega Selvarajan, Sarah Mujtaba, Catherine Jarvis, Veronica Sinclair, Emma Frattasio, Sarah Frances



Clubs & Activities

The Pulse Newspaper

Faculty Advisor: Ms McIvor

Student Coordinator: Evy Konstantopoulos and Arthega Selvarajan

Liana Caprera, Sabrina Daoud, Veronica Sinclair, Vanessa Pugliesi, Gurleen Padda, Clarissa D'Amico-Mazza, Emma Frattasio, Rosemarie Cianci



Lit Mag

Faculty Advisor: Ms McIvor

Student Coordinator: Evy Konstantopoulos and Elana Floriani

Arthega Selvarajan, Sara Palestini, Katalina Toth, Clarissa D'Amico-Mazza, Gurleen Padda



Cardio-Salsa

Faculty Advisor: Mme Phaneuf

Chiara Silvaggio, Béatrice Courchesne-Mackie, Alexandra Gagliano, Jezabel Toussaint, Kiana Bellegarde, Antonina Yakobson, Victoria Quintin, Victoria Barakett, Jenna Coverini, Anita Maggiore, Clara Hlibchuk, Amberlie Pereira, Sydney Shun, Julia Buggé



Clubs & Activities

Art Club

Faculty Advisor: Ms Gendron

Student Coordinator: Sophia Michakis

Yiuane Ryan, Bridgett Williams, Michelle Phillips, Sara Palestini, Clarissa D'Amico Mazza, Katalina Toth, Simona Ruscio, Emma Provençal, Renata Morelos, Sophie Koestner, Patricia Danielidis, Anastasia Dalalakis, Zoë Boosamra, Elena Apostolatos, Giulianna Valente, Anna Garon, Catherine Mourelatos, Sarah Shalhoub, Samantha Demers, Emily Sakaitis, Nicole Bilikas, Maya Vardaro, Amberlie Pereira, Veronica Giroux, Sydney Shun, Hannah Lee Poy-Paxman, Clara Hlibchuk, Jenna Coverini, Valerie Sinel, Olivia Goldsmith



Photography Club

Faculty Advisor: Ms Gendron

Jezabel Toussaint, Alexandra Gagliano, Antonia Yakobson, Emma Provençal, Simona Ruscio



Walk-a-thon Committee

Tatiana Tuccinardi, Teagan Ennis, Nadia Estefanos, Renata Morelos

Book Club

Faculty Advisor: Ms Arella

Samantha Demers, Amanda Emblem, Dominique Levesque, Beata Nawacki, Maria Pantazopoulos, Grace Regan, Daisy Smith, Katalina Toth



Clubs & Activities

Music From The Heart

Concert Band

Faculty Advisor: Mrs Waldbrook

Maria Alescio, Liana Caprera, Clarissa D'Amico-Mazza, Patricia Danielidis, Elana Floriani, Catherine Jarvis, Maria Karamitsos, Victoria Karamitsos, Jasmine Kwok, Giulia Marsilii, Gurleen Padda, Stepheny Sartori-Marchl, Valerie Sinel, Sabrina Ste-Marie, Julia Zito, Sabrina Fitz, Amanda Forgione, Sarah Frances, Kiara Guidote, Olivia Iorio, Eleni Karatzas, Audra Kruszewski, Dominique Levesque, Beata Nawacki, Maya Ostiguy Hopp, Rachel Watts, Sarah Allen, Marianne Beirouti, Alexandra Gagliano, Jezebel Toussaint, Veronica Verenini, Amanda Emblem, Daisy Smith, Katalina Toth



Vocal Ensemble

Faculty Advisor: Ms Martel

Talia Atallah, Briana Maroun, Shannon Blake, Jennifer McDonald, Isabel Blin, Ashley Sakaitis, Katalina Couto, Amanda Stevenson, Olivia Goldsmith, Lola Vincenti



Liturgical Choir

Faculty Advisor: Ms Martel
Dominique Levesque

Junior Band

Faculty Advisor: Mrs Waldbrook

Katalina Cuoto, Emiliana Di Nolfo, Stefanie Frances, Laura Maréchal-Houillon, Elisabeth Morena, Madison Passingham, Amberlie Pereira, Olivia Pittman, Maya Vardaro, Veronica Verenini, Samantha Demers, Caitlin Downey, Amanda Emblem, Tiana Iacobelli, Sophie Koestner, Jasmine Lightfoot, Angelica Salouros, Grace Singer, Daisy Smith, Katalina Toth



Beginner Band

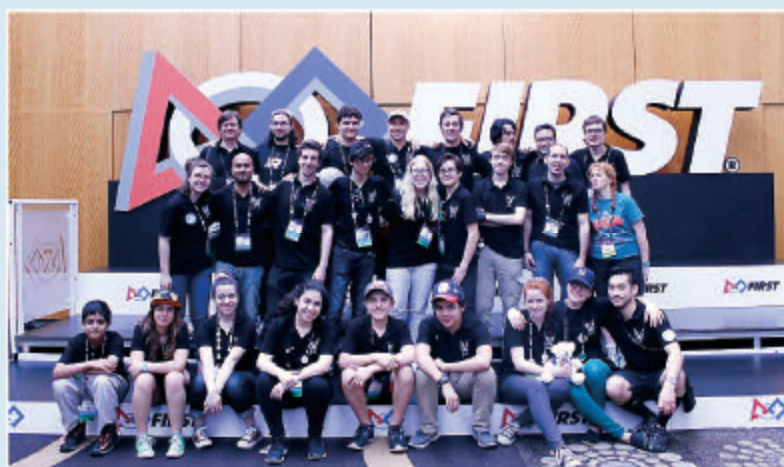
Faculty Advisor: Mrs Waldbrook

Julia Cacioppo, Liana Cianci, Sarah Elkas, Anna Garon, Hannah Lee Poy Paxman, Emma Lovegrove, Gabriela Nicolau, Amaya Sastron-Navarette, Sofia Scalia, Elana Apostolatos, Cassabdra Baldry, Zoë Boosamra, Sabrina Daoud, Lauren Gale, Olivia Goldsmith, Emma Provencal, Lola Vincenti, Bridgett Williams

Robotics

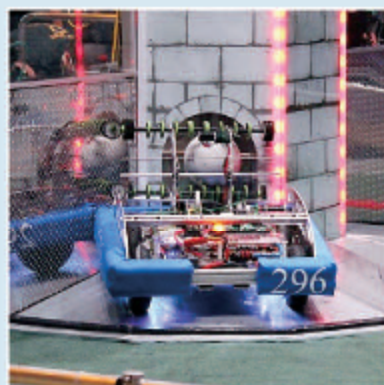
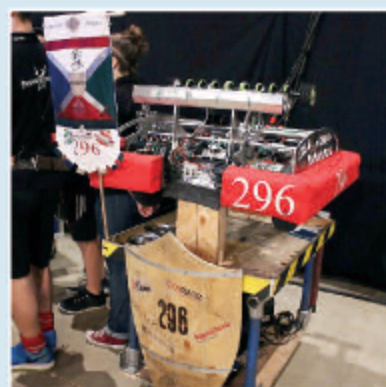


The Northern Knights Sacred Heart & Loyola



Faculty Advisor: Mr Reda

Sacred Heart participants: Christina Fulginiti, Beatrice Courchesne-Mackie, Sara Palestini, Catherine Jarvis, Alexandra Gagliano, Maria Pantazopoulos, Dominique Levesque



The Northern Knights, Sacred Heart and Loyola's official robotics team, competed once again in the robotics championships. They participated in two regional competitions, made it to the Quarter Finals, and finally participated in the World's competition. The team travelled to New Hampshire, Oshawa, and St. Louis.





Student Stock Exchange 2016 Economics Class



COOKIES 'N' CREAM

PATRICIA DANIELIDIS,
VANESSA BRANDIMARTI,
GIULIA MARSILII,
CLARISSA D'AMICO-MAZZA

DOUGHNUT STREET

KIANA URIANI,
KRISTINA MURA,
ELIYANNA POLYCHRONAS,
MIKAYLA LIAKOPOULOS



SMOOTH MOVES

MARIA ALESCIO,
SABRINA STE-MARIE,
JULIA ZITO,
STEPHENY SARTORI

CLUCK N' TRUCK

SAMANTHA DELUCILLA,
ELENI BORONDY,
BELLA SANTAGUIDA,
VANESSA PUGLIESI



SACRED ♥'S HEALTH

RENATA MORELOS,
VANESSA LIKORAY,
VALERIE SINEL,
VERONICA GIROUX

SWEET SINS

MEAGHAN SABOURIN,
ALICIA GRIFFIN,
SOPHIA IATROU,
ANIKA OUY,
LAUREN GRECO



FACULTEAS

JULIA ALONGI,
KAYLA ORTENZA,
KENNEDY LANE,
BEATRICE COURCHESNE-MACKIE

Faculteas:

Most Original Company Name
Best Company Poster
Best Video Commercial
Best Use of Social Media
Most Creative Theme
Best Marketing and Advertising Campaign



Sweet Sins:

Most Creative Logo
Most Creative Company Kiosk
Honourable mention for Most Environmental Friendly

SOCCER



BANTAM

Anna Garon, Sarah Shalhoub, Lola Vincenti, Hannah Lee Poy-Paxman, Jennifer McDonald, Cassandra Baldry, Catherine Mourelatos, Zoe Boosamra, Amaya Sastron-Navarrete, Liana Cianci, Gabriela Nicolau, Tiana Iacobelli, Caitlin Downey, Laura Michetti, Olivia Pittman, Julia Cacioppo



MIDGET

Sara Anelli, Lilah Caprera, Julia Cianci, Abigail Delaney, Kristen Harris, Alexandra Hills, Jesscia Khoury, Jasmine Lightfoot, Gabriela Marsilii, Elisabeth Morena, Pina Piazza, Darcy Sabourin, Eliana Viviani, Kayla Wolf



JUVENILE

Alexis Boosamra, Eleni Borondy, Molly Delaney, Lauren Drummond, Mikayla Liakopoulos, Dominique Levesque, Stephanie London, Kayla Matthews, Maya Ostiguy Hopp, Isabella Santaguida, Alexa Scalia, Tatiana Tuccinardi, Lea Valentini, Mia Vincenti, Shannon Wilding, Patricia Danielidis

VOLLEYBALL



Erika Delucilla, Grace Singer, Samantha Demers, Olivia Torralbo, Emiliana Di Nolfo, Shannon Blake, Jenna Coverini, Elena Apostolatos, Stefanie Frances, Daphne Giroux



Alexandra Gagliano, Audra Kruszewski, Beata Nawacki, Christina Vassiliou, Gurleen Padda, Jessica Brodeur, Julia Zito, Julia Bugge, Laura Pitruzello, Lauren Esquilant, Lauren MacDonald, Lourdes Khalil-Griffin, Maria Alescio, Sarah Frances, Vanessa Useche

CROSS COUNTRY



Cassandra Baldry, Sarah Shalhoub, Liana Cianci, Sarah Frances, Elizabeth Aiken, Alexandra Hills, Maya Ostiguy Hopp, Dominique Levesque, Sascha Azouz, Teagan Ennis, Sophia Michakis

GOLF



Dominique Levesque, Olivia Iorio, Daisy Smith, Elizabeth Aiken



BADMINTON



Sophie Koestner, Daisy Smith, Katalina Couto, Katalina Toth, Olivia Goldsmith, Sarah Shalhoub, Simona Ruscio, Elisabeth Morena, Emiliana Di Nolfo



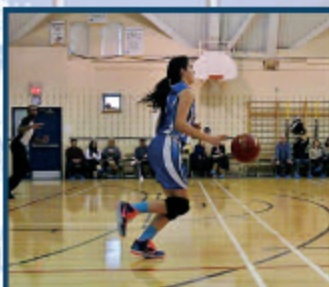
Laura Pitruzello, Taranjot Padda, Dominique Levesque, Beata Nawacki, Gabriela Marsilii, Kayla Wolf, Sarah Frances, Eleni Magafas, Veronica Pereira, Julia Bugge, Sabrina Fitz



Stephanie London, Gurleen Padda, Emma Ryan, Tatiana Tuccinardi, Kiara Guidote, Sarah Randisi, Emilie Lafontaine, Sabrina Ste-Marie



BASKETBALL



BANTAM

Julia Cacciopo, Liana Cianci, Jenna Coverini, Olivia Goldsmith, Briana Maroun, Catherine Mourelatos, Gabriela Nicolau, Sofia Scalia, Sarah Shalhoub, Giulianna Valente, Lola Vincenti, Bridgett Williams



MIDGET

Sara Anelli, Lilah Caprera, Julia Cianci, Erika Delucilla, Daphne Giroux, Evangelia Dalalakis, Jasmine Lightfoot, Gabriela Marisilii, Pina Piazza, Tatiana Ranieri-Thompson, Kayla Wolf



JUVENILE

Nicole Bilikas, Eleni Borondy, Clarissa D'Amico Mazza, Anastasia Dalalakis, Samantha Delucilla, Stephanie Des Marais, Lauren Esquilant, Sarah Frances, Alexandra Hills, Audra Kruszewski, Veronica Plescia, Evanthis Primbas

SWIMMING

BANTAM

Amanda Emblem, Amaya Sastron-Navarrete, Olivia Migliorelli, Madison Passingham



MIDGET

Brooklyn Carson, Jessica Khoury, Dominique Levesque, Jessica Brodeur, Elizabeth Aiken, Kiara Guidote, Sascha Azouz, Kerri-Lee Commier, Olivia Iorio, Teagan Ennis, Katherine Dore, Angeliki Trifonopoulos, Hannah Johnston



JUVENILE

Emma Ryan, Lauren MacDonald, Sarah Randisi, Alexa Scalia, Rosemarie Ciani, Tatiana Tuccinardi



HOCKEY



Abigail Delaney, Alexa Scalia, Alexis Boosamra, Caitlin Downey, Chiara Silvaggio, Elena Apostolatos, Jennifer McDonald, Kristen Harris, Lauren Drummond, Lauren Gale, Lauren Greco, Lauren MacDonald, Maya Ostiguy Hopp, Rebecca Di Giorgio, Sarah Elkas, Tiana Iacobelli, Zoe Boosamra



ALL STARS



FOOTBALL

BANTAM

Cassandra Baldry, Madison Berros, Zoë Boosamra, Liana Cianci, Caitlin Downey, Lauren Gale, Olivia Goldsmith, Tiana Iacobelli, Jasmine Lightfoot, Jennifer McDonald, Elisabeth Morena, Gabriela Nicolau, Jenna Coverini



MIDGET

Julia Cianci, Lilah Caprera, Abigail Delaney, Kristen Harris, Julia Buggé, Sarah Frances, Kiara Guidote, Jessica Khoury, Maya Ostiguy Hopp, Pina Piazza, Lea Valentini, Vanessa Useche, Isabella Aguiar



JUVENILE

Nicole Bilikas, Alexis Boosamra, Eleni Borondy, Clarissa D'Amico Mazza, Patricia Danielidis, Molly Delaney, Lauren Drummond, Lauren Esquilant, Dominique Levesque, Stephanie London, Lauren MacDonald, Gurleen Padda, Alexa Scalia



TENNIS

BANTAM

Jenna Coverini, Briana Maroun, Emilie Shalhoub, Amanda Stevenson, Sarah Shalhoub, Olivia Goldsmith

MIDGET

Kristen Harris, Abigail Delaney, Jessica Khoury, Lea Valentini, Alexandra Gagliano, Laura Pitruzello

JUVENILE

Alexa Scalia, Stephanie London, Molly Delaney, Elisabeth Harris, Renata Morelos, Veronica Sinclair

TRACK & FIELD

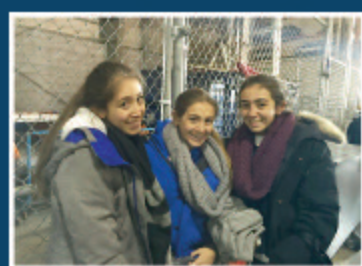
BANTAM

Elena Apostolatos, Cassandra Baldry, Liana Ciani, Jennifer McDonald, Catherine Mourelatos, Olivia Pittman, Amaya Sastron-Navarrete, Sofia Scalia, Olivia Torralbo



MIDGET

Elizabeth Aiken, Sara Anelli, Morgan Azouz, Lilah Caprera, Julia Ciani, Alessia Di Salvatore, Lauren Drummond, Sarah Frances, Kiara Guidote, Alexandra Hills, Dominique Levesque, Sophia Michakis, Pina Piazza



JUVENILE

Alexis Boosamra, Eleni Borondy, Liana Caprera, Rosemarie Ciani, Tatiana Tuccinardi, Lauren MacDonald, Meaghan Sabourin, Alexa Scalia



HALO

Liana Ciani, Amaya Sastron-Navarrete, Julia Cacioppo, Catherine Mourelatos, Cassandra Baldry, Jennifer McDonald, Sophia Michakis, Lilah Caprera, Sascha Azouz, Julia Ciani, Sarah Frances, Maya Ostiguy Hopp, Eleni Magafas, Olivia Iorio, Sara Anelli, Audra Kruszkowski, Meaghan Sabourin, Eleni Borondy, Alexa Scalia, Lauren MacDonald, Tatiana Tuccinardi, Rosemarie Ciani, Sophia Iatrou



Sports Candid



Sports Banquet

The Saints' Hall of Fame





ONE,

THREE,

TWO,

Graduation!



the

GRADUATES

2016

Sec 5 Candids



PREFECTS

SHSM POLICE DEPT.



Patricia Danielidis
President



Béatrice Courchesne-Mackie
Vice President



Liana Caprera
Secretary-Treasurer



Kennedy Lane
Service Coordinator



Sara Palestini
Environmental Coordinator



Lauren Esquilant
GAA Co-President



Alexa Scalia
GAA Co-President



Lauren MacDonald
Barat House Head



Clarissa D'Amico-Mazza
Digby House Head



Stéphanie Des Marais
Duchesne House Head



Rosemarie Cianci
DuRousier House Head



Gurleen Padda
Hardey House Head



Sabrina Ste-Marie
Sheldon House Head



Elisabeth Harris
Stuart House Head

Alexis Boosamra
Trincano House Head



"We are the SHSM Police Department and we will not let the people down."

CANDIDS



CAMP CARITAS

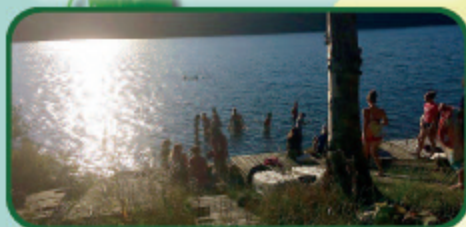
10 THINGS MR. BEAUVAIS LEARNED AT THE CAMPING RETREAT



10. 60 girls are louder than 100 boys.



9. SHSM girls are as competitive as Olympic athletes, in all domains.



8. The Riddler is now Sec V's least favourite Batman villain.



7. Despite our appearances, SHSM girls can eat more than a larger-than-average baby great white shark.



6. A daddy long legs can engender more screams than a horror movie, angry tarantula, or approaching serial killer, and is apparently deadlier than all three combined.



5. Push comes to shove, SHSM girls can adapt.



4. Next retreat: stock up on Immodium.



3. Despite 30 degree weather, it's always cold. Always.



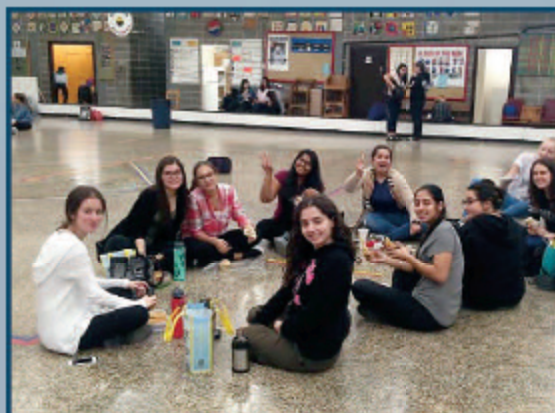
2. Cabin spiders are an SHSM girl's best friend.



1. Mr. Thiruchelvam seriously needs a portable alarm clock.

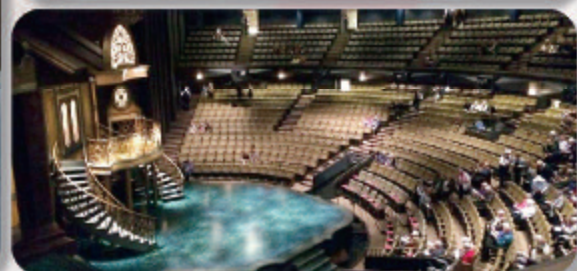
Sec V

Our last retreat

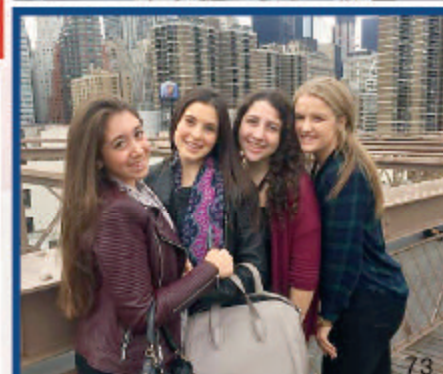




STRATFORD, ONTARIO



NEW YORK



Convocation



Pin Ceremony



Sec V Entertainment





The Class of 2016 Valedictorian

Tatiana Tuccinardi

Prizes Awarded:

The Estelle Fitzgibbon Memorial Prize for Highest Composite Average in Science

The Governor General's Medal and Parent's Guild Award for the Student with the Highest General Average

Good afternoon Mr. O'Donnell, Ms. Maloni, Faculty, Parents, Guests and Graduates. I am honored to be standing here today, representing the graduating class of 2016. Today we celebrate the times we have had together and all the memories that we have shared. Graduation ceremonies commemorate our years in high school and close a chapter in our lives while opening the doors to new endeavors ahead. As we move forward, I suggest we adhere to one of my favorite movie quotes, from *The Lion King*, when Mufasa says to his son Simba, "remember who you are," a piece of advice that helped Simba become a great leader, parent and friend.

Who we are goes beyond our name, it is the accumulation of all our experiences from the past until the present. An important stage in life that fundamentally shapes our characters, is our teenage years, because it is the time when people change and develop into their unique selves. The schools we have attended were the foundations to these experiences. At Sacred Heart, we really got to strengthen our morals and values and understand what it means to help the community. The young women we are today differ vastly from the girls we were when we first started high school.

From a young age we were always told to enjoy our high school years because time flies by too quickly. Although high school sometimes felt like a world overflowing with endless tests and homework, we made so many memories along the way. There were stressful times such as when teachers made us feel like our performance in secondary 4 would determine the rest of our lives, just to get to secondary 5 and realize that this year actually mattered the most. The fear of not getting accepted into CEGEP due to a poor result on one small quiz, was common this year. But then, there was the Europe trip, which despite the rain in Italy, was still a blast thanks to the amazing food. Some of us were told that we would be going on a boat, similar to a small cruise ship, but then reality hit us like a wave (literally), when we set foot onto a rocky ferry boat. The seasickness was terrible, but with all the Graviol, it is safe to say that that was probably the best night of sleep we had throughout the entire trip.

There was also Camp Caritas, an experience that not only made us appreciate the joy of warm, home showers, but also brought us closer together, through bonding in the cabins, star gazing and sitting around a big camp fire singing "Children of the Light."

Being a part of sports teams and committees, participating in competitions, school trips, yearly retreats and house events allowed us to create special memories that we will cherish forever. Student Stock Exchanges brought out the competition of who can run...I mean walk quickly in the hallways, to be the first in line. Although it's heartbreaking when it's finally your turn to order and their food is sold out, at least we can say that we were fortunate enough that our school's food didn't get everyone sick.

A funny personal memory that I have is when I entered my Math class one morning and Mr. Friedmann had announced that we had a quiz, which I was unprepared for. I was nervous and read the questions quickly to start the problem. After 10 minutes and a couple of confused stares from my classmates, I realized that the last sentence of the quiz read "what is the maximum amount of time it will take Jackson to figure out that this prank is meant for Tatiana Tuccinardi?" Needless to say, Mr. Friedmann and my classmates took great joy in pulling off a prank that my friends had planned for me. Lesson learned... always read the whole question before starting the problem.

I would just like to take a moment, as I am sure that I speak on behalf of the whole graduating class, to thank the teachers for not only being our educators, but for providing us with an enjoyable learning environment. Over the many years, the special student-teacher bonds, resulted in school feeling more like home. A thank you to the school and faculty for listening and taking into consideration our requests such as finally allowing water bottles and most importantly, granting us the privilege to not only have French manicures on our nails, but light pink as well. The school has been very welcoming and accommodating to any new students, which I, as well as many others, sincerely appreciate. Most importantly, we would like to thank our parents for being supportive, loving and tolerant through these tumultuous teenage years.

We are gathered here today to celebrate not only the graduating class, but also the graduation of our parents' responsibilities. As we start this new chapter, they will no longer be in contact with our teachers, no more parent-teacher interviews, no more access to our marks and no more Cobra addiction. This new journey requires us to become independent and make choices on our own. I'm sure we are all excited about this freedom: no uniform check, no one telling us to pull up our socks or button up the top button of our blouses, no detentions, no teachers nagging us about handing in an assignment, the list goes on, but this also means we have more responsibility to stand tall on our own two feet. Thankfully, Sacred Heart has pushed us to work hard and be responsible. We've been guided to be respectful towards others and ourselves. The many hours of social action have led us to be thankful for the life we have and to always help others and the community. We were given all the tools we need to move forward and it is now up to us to use them wisely.

I, along with a few others, came to Sacred Heart as a new student in secondary 4. Starting at a new school very late in the high school years can be challenging. By then, most people already have their group of friends and a strong bond within the grade. Adjusting to new situations is never easy, but after two years at this school, I have met numerous amazing people, made many new friends and even best friends. We, as a grade, learned to be open-minded about new relationships and to accept change. Moving forward, let us all nourish the friendships we already have and embrace the new ones yet to come. The aspect that defines our grade and makes us special is our camaraderie. We are a grade made up of many small groups, but at the end of the day we are united. The relationships we have now, may not be the same in 10 - 20 years, but we will always be there for each other linked and connected. I'm sure that many of us will keep in touch directly, if not, then at least in this technological world, we will stay connected through social media and by being a part of the alumni network. But no matter how far apart our journeys take us, we will always share the special bond of being Sacred Heart girls. Congrats to the grads of 2016, we made it!



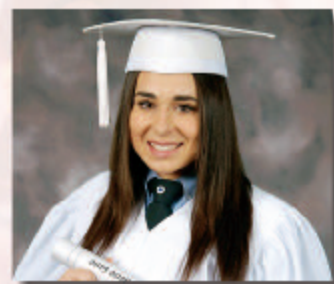
The Jean Filipovich
Achievement Award for
Liberal Arts



The Heather MacDougall
Memorial Prize for Fine Arts



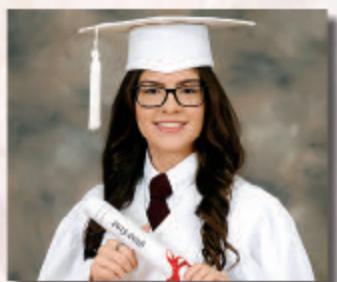
The Sacred Heart Music
Award



The Sacred Heart School of
Montreal Art Prize



The Head of School's Memory
Book Award



The Head of School's Memory
Book Award



The Parents' Guild Prize for
Social Sciences



The Soeur Annette Archambault
Memorial Prize for French
Second Language



The Sacred Heart BLC Award
for English



The City House Foundation
Bilingual Proficiency Prize



The McGill Science Award
for Exceptional Promise in
Mathematics



The Sister Gertrude
McNamara Memorial Prize
for Mathematics



The Sacred Heart BLC Award for
English
The Sacred Heart Music Award



The Genny Marilley '87 Memorial
Prize for Social Activism and
Community Service
The Patty Forbes '81 Prize for
Health Sciences



The Auriol Wilkins '52 Roper
Memorial Prize for Contribution
to Sports
The Judith Rossi Memorial Prize
for Drama



The McGill Social Science Award
for Exceptional Promise in the
Social Sciences
The Provincial Council Award for
Demonstrating Compassion and
Exceptional Dedication through
Social Action



The Sacred Heart BLC Award for
English
The Student Council Prize
The Concordia University
Graduation Award in the Humanities
The Frances Smith '65 Memorial
Prize for Significant Contribution to
the Life of the School



The Joanne Mastro Award for
Academic Excellence in
Religious Studies
St. Mary's Girls for the Cure
Scholarship



The Norman T. Byrne Memorial Prize
for Public Speaking
The Sacred Heart BLC Award for
English
French Second Language Enriched
The Therese F. Casgrain '14 Scholarship
for showing true understanding of
Contemporary Social Justice Issues

Special Prizes

Best Of

VOTED BY THE GRADUATING CLASS OF 2016



Samantha Delucilla

Sass Queen



Bella Santaguida

19 Kids + Counting



Vanessa Likoray

Best Eyes



Elana Floriani

Heart of Gold



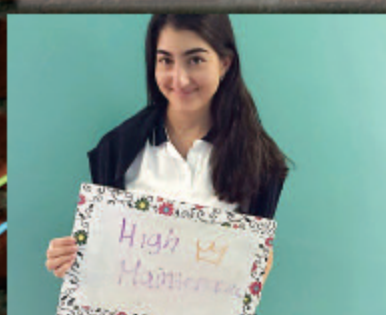
Eliyanna Polychronas

Party Animal



Vanessa Brandimarti

Fan Girl



Julia Zito

High Maintenance



Sophia Iatrou

Italian Princess



Alexa Scalia

Clumsiest



Renata Morelos

Drama Queen



Vanessa Pugliesi

Fashionista



Alexis Boosamra

Artist



Eleni Borondy

Class Clown



Patricia Danielidis

Band Geek



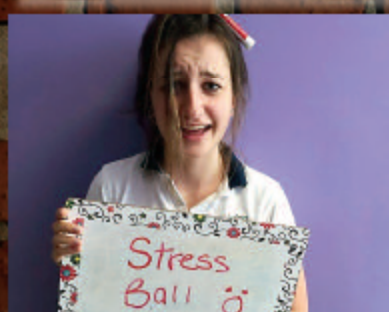
Meaghan Sabourin

Best Hair



Nicole Bilikas

Little Miss Sunshine



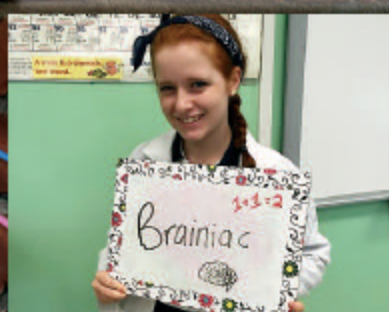
Lauren Esquilant

Stress Ball



Kennedy Lane

Miss Social Justice



Catherine Jarvis

Brainiac



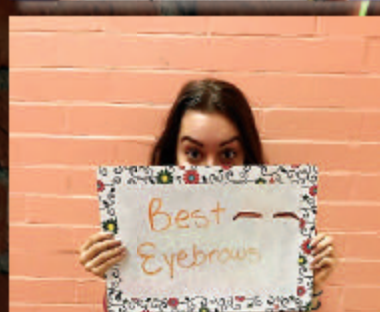
Liana Caprera

Neat Freak



Emma Fratassio

Philosopher



Tatianna Tuccinardi

Best Eyebrows



Molly Delaney

All-Star Athlete

Baby Pictures



MA



AA



JA



NB



AB



EB



MD



SD



SDM



LE



EF



EF



CJ



MK



VK



LRG



EK



JK



GM



RMZ



AM



SM



KM



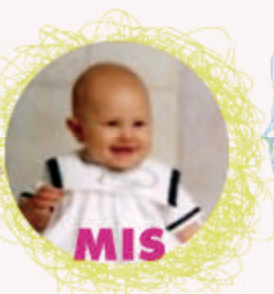
KO



ER



MS



MIS



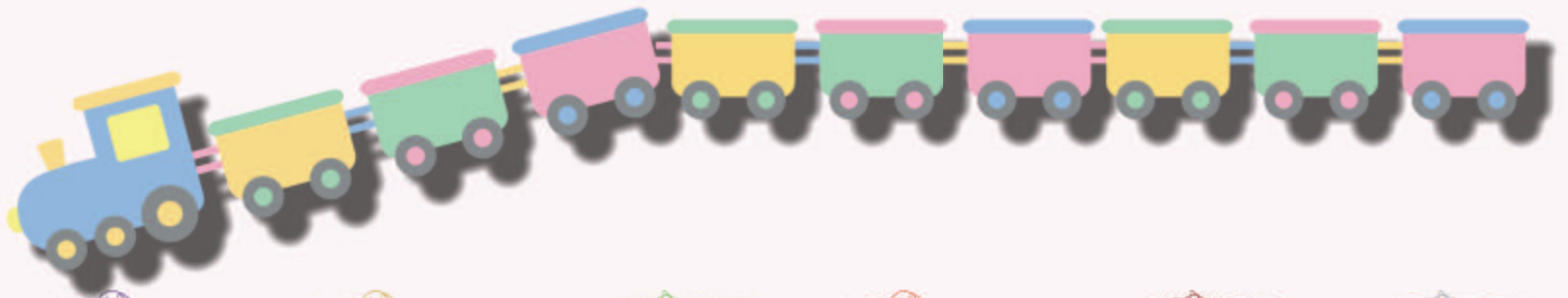
SSM



SSM



AS



Graduates of 2016

Maria Alescio



Congratulations girls, we made it!

A big thank you to my family and friends. I couldn't have done it without you. I hope that these upcoming years are filled with happiness, love, and joy for all of us.

MLT: Stress about what her "most likely to" statement should be

Alexa Alongi



"People say that you're going the wrong way, when it's simply a way of your own." - Unknown

It's crazy how fast these years have flown by. I will truly miss walking up five flights of stairs every day and all the wonderful people that I have met along the way. Thank you QAA and Sacred. 2016 xx

MLT: Be mistaken for Julia

Julia Alongi

"If you don't build your own dreams, someone else will hire you to build theirs." - T.G.

Although my time spent at SHSM was short, I have made memories that will last for a lifetime. Congrats grads of 2016, we made it! Xo



MLT: Be mistaken for Alexa

Nicole Bilikas



Five years later and not once have I gotten in trouble... I think I consider myself a model student.

You guys are the best. xxo

TRS

MLT: Be found at the one Mexican restaurant in China

Alexis Boosamra



It's been real.
Crew love.
TRS

MLT: Hit a tree skiing and break her femur...
Oh wait...

Eleni Borondy



The time has finally come. The last five years at Sacred have helped shaped me to become the person I am today. So many great memories have been made from Christmas Wishes to athletics to Nicaragua. I am so happy I've been able to spend them with the class of 2016. Good luck to you all!

MLT: To star in SNL and turn red

Graduates of 2016

Vanessa Brandimarti

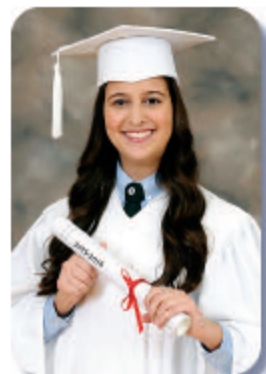


My one wish was to find friendships like the ones Monica, Rachel, Phoebe, Joey, Chandler, and Ross had... It came true. Thank you to my puppy for making me smile every day and my family for their support.

#AViators4life

MLT: Marry a hockey player

Liana Caprera



"Success is not built on success. It's built on failure. It's built on frustration. It's built on catastrophe."
- Summer Redstone Chairman

We made it! Thank you to my friends, family, and teachers for always supporting me and encouraging me. These last five years at Sacred have been amazing and I'll cherish the memories forever. Congrats Grads '16 and best of luck for the future!

MLT: Free the Children

Rosemarie Cianci

I've had so many amazing memories these past five years that I'll always remember. Ups and downs, we've always been there for each other. Thank you to all my amazing friends and family for making these past 5 years so incredible. Grads '16, keep your heads up and dream big, love you all.



MLT: Never stop smiling

Béatrice Courchesne-Mackie



"I wish there was a way to know you're in the good old days before you've actually left them." - A.B.

I will cherish the past five years I've spent with my best friends forever. We have everything to gain and nothing to lose. Congrats grads of '16.

MLT: Host a karaoke party and only invite herself

Clarissa D'Amico-Mazza



Once a Sacred girl, always a Sacred girl.

We are the Children, Children of the light, we are shining in the darkness of the night...

MLT: Make a pun out of anything

Panagiota Danielidis

...Hope for this world, joy throughout the land! Touch the hearts of everyone, take everybody's hand!

Thank you, Sacred, for being my second home.



MLT: Tweet at her own wedding and obsess about band for the rest of her life

Graduates of 2016

Molly Delaney



Amazing friends. TRS, NYC 2015. CAIS. Soccer Champs '15. Strat 2015. PS. Caritas 2015. Summer 2015. Family. Bustin' out. Xoxo

MLT: 'MURICA

Samantha Delucilla



"There are many problems, but I think there is a solution to all these problems; it's just one, and it's education." - Malala Yousafzai

To those who have blessed me with this solution, you will not be disappointed. A difference will be made.

MLT: Colour coordinate her way through life

Stéphanie Des Marais

Guys we made it! Despite all the tears, the complaints and the never ending assignments, I am truly proud to say that I went through it all with you ladies! Thanks so much for making these 5 years amazing! TRS for life.



MLT: Dunk her way through life

Lauren Esquilant



Some of my biggest firsts happened in high school. My first insta, my first twerk, my first whip, my first time on Netflix, and most importantly, my first real squad! TRS Love you all! I'm going to miss this place!

MLT: Become a lawyer and win a case based on the argument, "Ugh, it's not fair."

Elana Floriani



Thank you for 5 years and a million memories. To every single Sacred girl for making me feel a part of something too special for words.

MLT: Still be writing that test you finished 3 days ago

Emma Frattasio

"And so it goes..."



MLT: Reference American politics

Graduates of 2016

Christina Fulginiti



"We're all stories, in the end. Just make it a good one." - Doctor Who

I would like to say thank you to everyone for making the past five years truly remarkable. Many valuable lessons have been learned and many unforgettable memories have been created.

MLT: Overcome anything that gets in the way of achieving her goal

Veronica Giroux



Stratford was great.

MLT: Be a part of an X-Files case

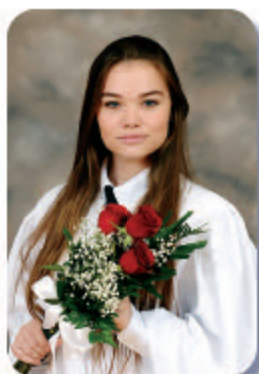
Lauren Greco

Shout out to my girls for making this time pass a little faster.
#PS



MLT: Blank out at her own wedding. "Will you take him as your husband?" ...What...

Alicia Griffin



Peace I leave with you; my peace I give you. I do not give as the world gives. Do not let your hearts be troubled and do not be afraid.
- John 14:27

MLT: Show up for class asleep

Elizabeth Harris



Friends who are family. BC 2012. NYC, Strat & Caritas 2015. THE FC. PS. TRS. Bustin' out. Xoxo

MLT: Have an avocado farm

Sophia Iatrou



"See kids, I told you I was hot in high school."

Quick shout out to the 7 girls who have been with me through it all. Graduation is both an ending and a beginning. It is warm memories of the past and big dreams for the future.
Thanks for the memories Sacred!

MLT: Have Eleni, Lauren, Anika, Alicia, Bella, and Meaghan working for her one day

Graduates of 2016

Catherine Jarvis



"The only place where success comes before work is in the dictionary." - Donald Kendall

It's been a lot of hard work but we've all succeeded! Congrats to the graduates of 2016!

MLT: Still be in school in 15 years

Maria Karamitsos



"That diploma you hold in your hands today is really just your learner's permit for the rest of the drive through life. Remember, you don't have to be smarter than the next person, all you have to do is be willing to work harder than the next person." - Unknown

Congrats Grads '16, we finally made it!

MLT: Become a nun

Vasiliki Karamitsos

"What we have to learn to do, we learn by doing." - Aristotle

Thank you to my family and friends for supporting me through the past five years.



MLT: Cause confusion as to what her real name is

Lourdes Khalil-Griffin



Sincerely yours,
The Breakfast Club

MLT: To hand this in two weeks late

Evvy Konstantopoulos



"So what? You failed your finals. You gained some weight. So what? You're single again. You lost your job. So what? What now? You live. You try again. That's what." - Unknown

MLT: Be early enough to a movie that she sees the previous one

Jasmine Kwok



Congratulations grads '16! I definitely wouldn't have been able to go through these five years without the unforgettable memories I've made with my friends. I am thankful to my teachers and for the support of my family. I wish you guys the best of luck!!

MLT: Not have a reaction to anything

Graduates of 2016

Émilie Lafontaine



Thanks to SHSM I learnt to write good.

MLT: Fall asleep in class

Kennedy Lane



"Clear eyes, full hearts, can't lose!"
- Coach Taylor, *Friday Night Lights*
My years at both Queen of Angels and Sacred Heart have made for such a memorable journey. Thank you to my teachers and friends for making my time spent in high school such a fun experience. Most importantly, a big thank you to my family for all their love and support. Cheers to the new adventures that await us!

MLT: Postpone her wedding to watch the Super Bowl

Mikayla Liakopoulos



"Go confidently in the direction of your dreams. Live the life you have imagined." - Henry David Thoreau

MLT: Not have a most likely to

Vanessa L'ikoray



After these five long years, we've made it! Thanks to everyone for making these years tolerable.

P.S. The key is to succeed

MLT: Show up to her wedding in sweatpants

Stephanie London



We made it guys! Congrats grads of 2016; it's been a good run. To my main group AS, LM, RC, TT, RM, ER, SR, thanks for being pretty cool friends. Thanks to my parents and teachers for supporting me. High school was just the start, but boy what a start it was.

MLT: Be found at Starbucks

Lauren MacDonald



We made it! I don't think I have ever laughed as much as I did in these past five years. Thank you to all of my friends and teachers for creating memories that will last forever. Congrats girls!

MLT: Be brutally honest

Graduates of 2016

Giulia Marsilii



We finally made it.

MLT: Have her name spelled wrong

Renata Morelos-Zaragoza



"Happiness can be found even in the darkest of times, if only one remembers to turn on the light."
- J.K. Rowling, *Harry Potter*

MLT: Never ever hear what you are saying

Allessandra Morena

I can't believe how fast the past 5 years have flown by. Special thanks to my friends and family for all the memories and for making my time at Sacred so memorable. To the graduating class of 2016: love you all and best of luck!



MLT: "Accidentally" adopt 100+ dogs

Sarah Mujtaba



When life gives you lemons, make apple juice then sit back and watch as the world wonders how you did it.

MLT: Cover her bedroom walls with Michael Jackson posters.

Kristina Mura



"Peoplesay that you're going the wrong way when it's simply a way of your own." -Angelina Jolie

We made it grads 2016!

MLT: Shop till she drops

Kayla Ortenza



"There are some experiences in life that make you laugh a little louder, smile a little bigger, and live just a little bit better." My experiences at Sacred made me a stronger person. Thank you to the teachers who have made class more bearable and thank you to my amazing best friends. I made memories that I will never forget. Congrats Grads of 2016! Xx

MLT: OD on Iced Capps

Graduates of 2016

Anika Ouy



No, I'm not Chinese.

MLT: Deny that she's Chinese

Gurleen Padda



Apparently, when you're too smart, you get kicked out of school. They call it "graduation." What am I supposed to do now? Leave?! I wonder if they do this at Villa, maybe I should have gone there...JUST KIDDING. I wouldn't trade my five years here for the world! Thank you to everyone who has made these years so unforgettable!

MLT: Not care about your problems

Sara Palestini

"I am and always will be the optimist, the hoper of far-flung hopes, the dreamer of improbable dreams." -The Doctor

I can't begin to express the last 5 years of my life, be they at Sacred or QAA. My greatest success of all in high school will always be the taint of sweetness left in my life by those who I call my best friends... Congrats y'all we made it!



MLT: Amass a credit card debt on books equivalent in currency to the depth of Mariana's Trench

Eliyanna Polychronas



You can always retake a class, but you can never relive a party.

MLT: Have a Big Fat Greek Wedding

Vanessa Pugliesi



"I sometimes bought Vogue instead of dinner. I just felt it fed me more."

- Carrie Bradshaw

MLT: Have a one woman show in Times Square

Sarah Randisi



Even though I've only been here for 2 years, I've made so many great memories that I will always remember. Thank you to everyone who made my high school experience incredible. Congrats girls!

MLT: Laugh at everything and anything

Graduates of 2016

Emma Ryan



Wow time flies! To all the girls who made me smile, thank you, and to all the haters...You do you. Remember ladies, you only live once. Congrats!

MLT: Save your life

Meaghan Sabourin



"Spend a little more time trying to make something of yourself and a little less time trying to impress people."
- The Breakfast Club

MLT: to be a turtle

Marie Isabella Santaquida

So grateful for all the amazing experiences I had during these 5 years. I am also so thankful for all the great friendships I made. Shout out to my girls. #PS



MLT: Laugh at her own jokes

Stepheny Sartori-Marchl



"All of this happened... more or less." - Unknown

MLT: Become a nun

Alexa Scalia



"Every end is a new beginning."
- Unknown

Sacred has been an amazing experience, I wouldn't change it for the world! Thank you to all my friends, teachers, and family who made my experience even better. We made it! #blessed

MLT: Wear New Balance shoes her entire life

Artheqa Selvarajan



"Some people come into our lives and leave footprints on our hearts and we are never the same."

Thank you to my family, my friends, and the school for making my high school memories remarkable. Love you all!!
#AViators4life

MLT: Never go skating again...

Graduates of 2016

Veronica Sinclair



"Often when you think you're at the end of something, you're at the beginning of something else." - Unknown

Our years at high school have come to an end and we're moving on to new adventures. Grads 2016, we made it! Whatever you do, always live your life to the fullest!

MLT: Be prepared for any situation

Valerie Sinel



Twenty years from now I will look back on this quote and think "man I should have come up with a better quote!"

MLT: Have her name mispronounced on purpose

Sabrina Ste-Marie

It's amazing how quickly five years have already gone by. Thank you to my family, my teachers and my incredible friends who made my high school experience unforgettable. We made it! Congrats to the grads of 2016!



MLT: Be slower than a turtle

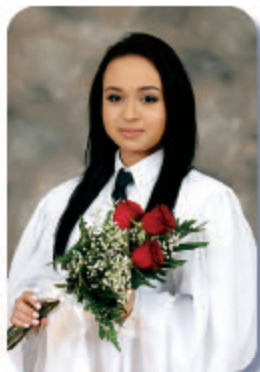
Tatiana Tuccinardi



Thank you to everyone who contributed to my memorable years of high school. Shout out to my squad for all the laughs! Love you girls!

MLT: Be the mom of the group

Kiana Uriani



"For what it's worth: it's never too late or too early to be whoever you want to be. There is no time limit, you can start and stop whenever you want. You can change or stay the same. There are no rules. You can make the best or the worst of it. I hope you make the best of it. I hope you live a life that you're proud of, and if you find that you are not, I hope you find the strength to start all over again" - F. Scott Fitzgerald

MLT: Move to LA and marry a rapper

Julia Zito



It has been an amazing 5 years that I'll never forget. I have grown as a person and learned so much. Thank you to all my friends and family who have supported me from the very beginning. We made it! Congratulations grads '16 and good luck in the future!

MLT: Sneeze and give someone a heart attack



Elizabeth Harris

Remember the past, live in the present and look to the future! May your graduation be just the beginning of a lifetime of fulfillment. We are so proud of your achievements and success, and love you dearly.
Love Mom, Dad, Sarah and Kristen

Isabella Santaguida

Our sweet Bella,
We are so very proud of you and all your accomplishments. You have worked so hard and grown into an exceptional young woman. We wish you much success in this new chapter of your life.

We love you always,
Mommy, Daddy and family XOXO

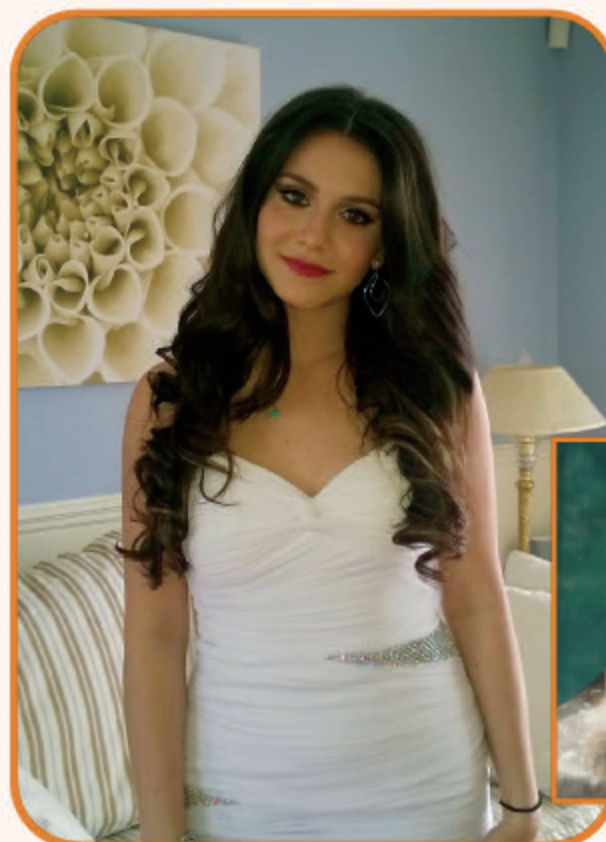


Vanessa Likoray



Congratulations Vanessa! We are so proud of all your accomplishments and hard work. You've grown into a wonderful young woman, and we wish you much happiness, health and success in your future.
We love you,
Mom, Dad and Melissa

Sophia Iathrou



Sophia,

This memory book is a reflection as you look back at your high school days: the friends, the teachers, the great memories, the biggest laughs and of course the future.

We have been blessed by God for having you in our lives. You are a strong, smart, positive young woman and it has been a privilege for us to watch you grow.

You have so many great qualities. You are caring, generous, and funny and I am sure you are a trusted friend to many. These last few years have been your best. You have come out in many ways. You are finding yourself, your true potential and you are focused on succeeding.

Congratulations on your high school graduation!

We love you champ!

Mom, Dad, Stefano & Isabella



Julia Zito

Dearest Julia,

Congratulations on your Graduation!

With so much pride and joy, you have blossomed into such an amazing, confident and wonderful young woman. I am so proud of your accomplishments. You have worked hard and always maintained a positive attitude. Your determination and positive outlook on life will lead you far in the future. You now embark on the next chapter of your journey, remember I will always be there for you. This is only the beginning.

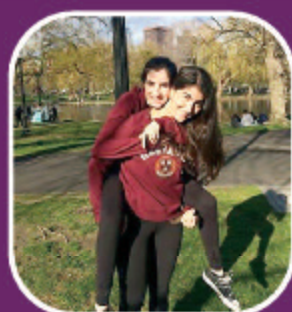
"The best way to predict the future is to create it."

By Abraham Lincoln

Best wishes for a very bright future. I wish you happiness and continued success!

With love and blessings,

Mama and Oma and Opa



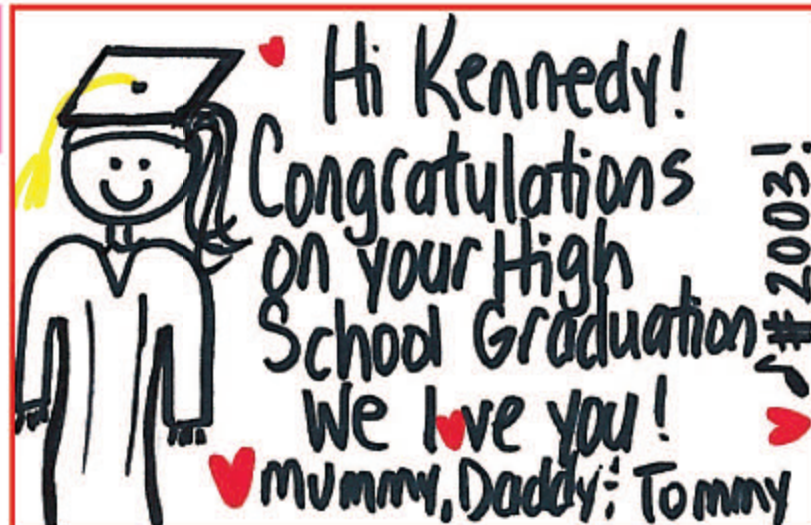
Veronica Giroux



Veronica, we are so proud to see where you've gone in life thus far. Congratulations!

"They say stay in your lane, but we go where we want to."

Love,
Mom, Dad and Daphne



"Do not follow where the path may lead. Go, instead, where there is no path and leave a trail."

- Ralph Waldo Emerson

Sara Palestini

Sara, you have been a joy from the moment you were born and have never disappointed.
 You have given us so many reasons to be proud and they are too numerous to count.
 There is no doubt in our minds that you will change the world – go be successful!
 You are so special, so unique, so Sara!
 Be you!
 We love you!



Sabrina Ste-Marie



WE ARE SO PROUD

Dearest Sabrina,
 Congratulations on your graduation.
 You are beautiful, smart, loving, kind
 and caring. We are so proud of your
 achievements. Keep moving forward
 and make your dreams come true.
 Love you forever,
 Mom, Dad and Philip
 OXOXOX

Good Luck to the Graduating
 Class!



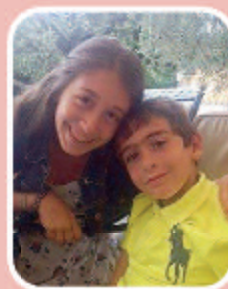
Rosemarie Cianci

Our Dear Precious Rosemarie,

Congratulations on your graduation and your great accomplishments throughout your wonderful five years of high school at Sacred Heart. We are truly proud of you! We know that whatever you decide to do in your future, you will succeed. Your charisma, perseverance and kindness will bring you to accomplish all of your dreams.

We love you so much sweetie! Congrats!

Mom, Dad, Julia, Liana and Franco
Xoxo



Our School, Our Home, Our 2016



The moment may be temporary,
but the memory is forever.

- Bud Meyer

Jostens

